



PHILIPS

InCourage

Quick start guide

Getting you started
on a clear path



Product available through Philips affiliate RespiTech, the manufacturer and distributor of the InCourage system. Contact RespiTech at 800 793 1261

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www.philips.com/incourage-system







Caution: U.S. federal law restricts these devices to sale by or on the order of a physician.









RRDPGH KC 5/6/19 MCI 4108717 PN 1141630
1010 Murry Ridge Lane, Murrysville, PA 15668
800 793 1261

Get to know your new system



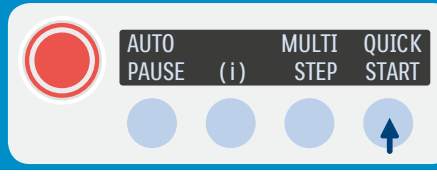
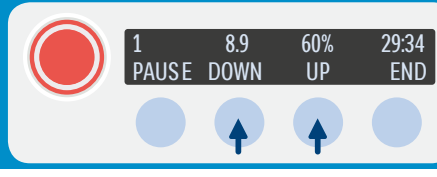
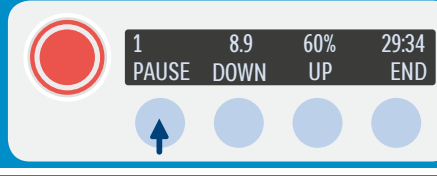
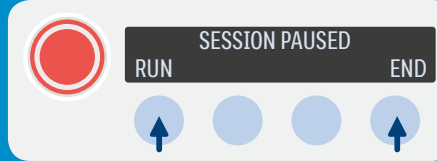
Welcome to the Philips InCourage family. Following this quick reference will help you get familiar with the features of your system as you start your sessions. Please keep in mind the standard default pressure is set at 60%. Be sure to follow the pressure settings and therapy frequency prescribed by your healthcare provider.

-  **Quickfit sizing**
Your vest is equipped with blue, white and yellow quickfit tabs. Once the tabs are set, the size is repeatable and there's no need to adjust before your next session.
-  **Self-locking hoses**
Connects ports to unit and vest. Levers grab and lock hoses into place for a secure connection.
-  **Active venting**
Designed to immediately release air in the vest in response to the user's breath so the vest feels less constricted, allowing a deeper inhale.
-  **Easy-to-clean**
Machine wash and dry without disassembly.
-  **User-friendly control panel**
One-button start and simple programming for a wide range of therapy options.
-  **Effortless filter replacement**
Easy pop-off panel makes filter changes simple.

<p>1 Put the vest on and connect the buckles located on the front of the vest.</p> 	<p>6 The hoses are interchangeable and can be flipped. You do not need to worry about which end is attached to the therapy unit or the vest.</p> 
<p>2 Set the quickfit tabs to the pre-therapy position by placing the blue tabs over the yellow tabs.</p> 	<p>7 To attach hoses to unit, firmly grasp the sides of the locking hose connector and push onto the device until the hose connector has been properly fitted against the device. The hose is secure when blue lever moves downward. Check connection by gently pressing down on the lever. Repeat this step for each port and hose connector.</p> 
<p>3 While in your preferred position for therapy, adjust the shoulder straps. The bottom edge of the vest should be sitting at the top of your hipbone.</p> 	<p>8 To disconnect the vest, lift the lever and pull the hose off each port.</p> 
<p>4 Tighten the front straps until snug, making sure that you are able to take a deep breath.</p> 	
<p>5 Move the blue tabs from yellow to white. Use buckles only for your next session. You are now ready to connect the hoses.</p> 	

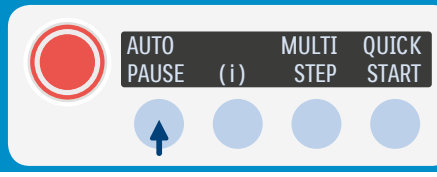
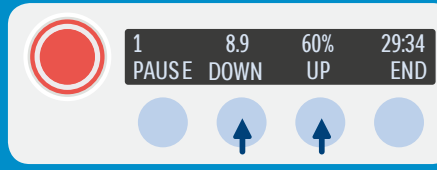
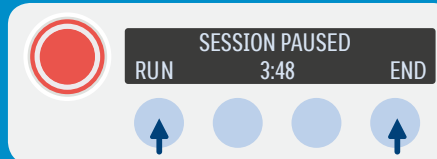
Quick start session

To run a **quick start** session (30-minute session with ramping):

<p>1 From the startup screen, select quick start and your session will begin.</p>	
<p>2 Adjust pressure by pressing either down or up.</p>	
<p>3 Press pause to temporarily stop the session.</p>	
<p>4 When the session pauses, press run to resume the session or end to return to the startup screen.</p>	

Auto pause session

To run an **auto pause** session (30-minute session with ramping that pauses every five minutes):

<p>1 From the startup screen, press auto pause and your session will begin.</p>	
<p>2 Adjust pressure by pressing either down or up.</p>	
<p>3 When a pause time is set, a countdown timer is displayed and therapy automatically resumes at 0:00. The run button resumes therapy at any time. End returns to the startup screen.</p>	

Keeping it clean

The InCourage comfort vest is machine-washable and dryer-safe without disassembly. Simply follow these steps:

1. Buckle all straps.
2. Insert the supplied red plugs into both vest ports. Test to ensure the rim of the plug is secure and fits tightly.
3. Wash on gentle or normal cycle using mild detergent in warm water.
4. Remove plugs from ports and tumble-dry on low heat until dry.
5. Ensure all moisture is removed from the vest by attaching one hose onto the top port of the therapy unit. Attach the other end of the hose onto one vest port, leaving one vest port open.
6. Unbuckle all straps of the vest and lay on flat surface. Run the therapy unit for 20 minutes at a frequency of 5 Hz and at 100% pressure.



Learn more

Please refer to the InCourage system instruction manual for full session setup details.